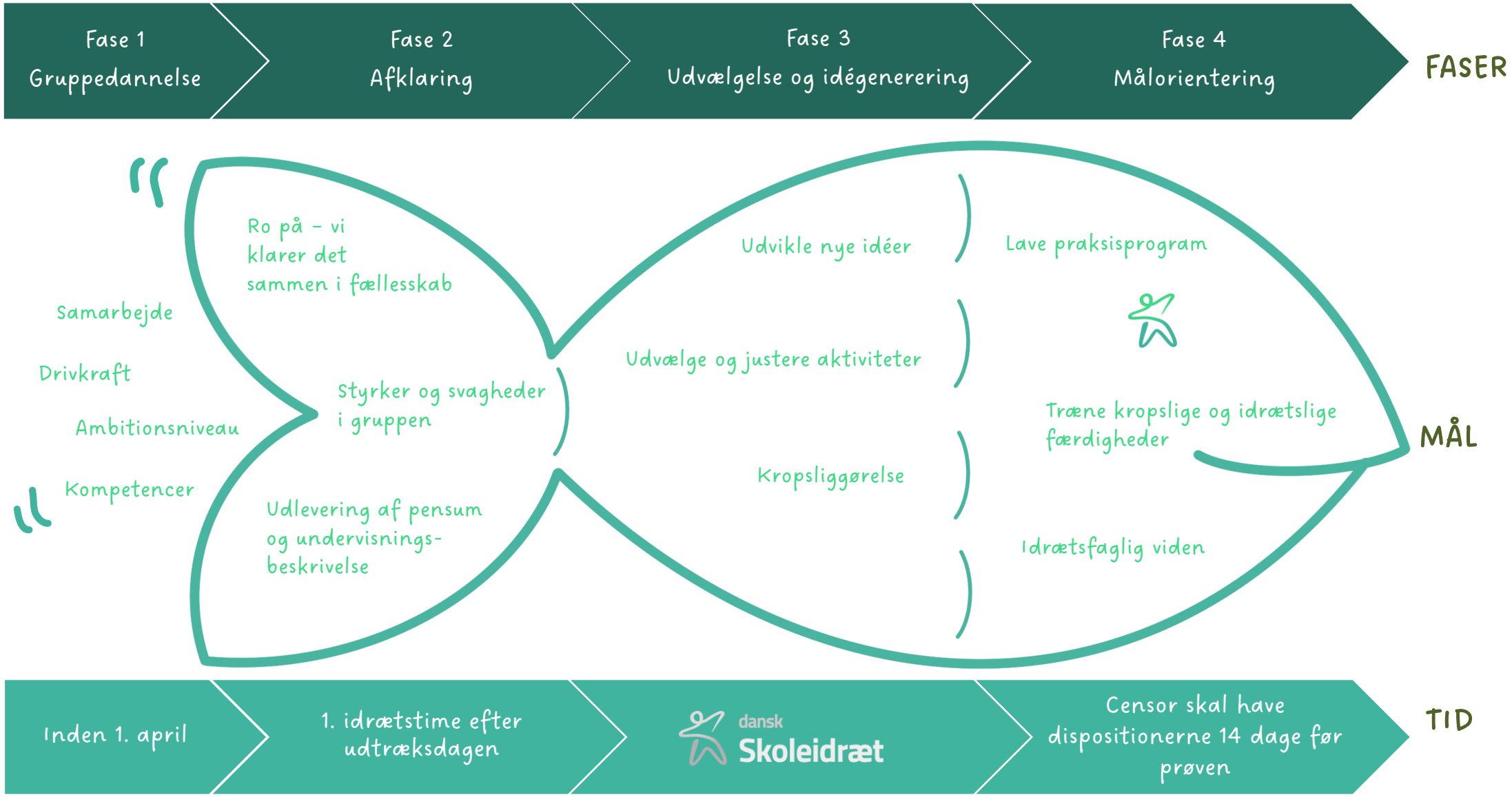Vejledningsfisken